

Doctor Recognized Internationally

Oakville Beaver
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A local doctor has been recognized internationally for her work in promoting bone health and the treatment and prevention of osteoporosis.

Dr. Aliya Khan recently received the International Society of Clinical Densitometry's (ISCD) 2011 International Clinician Instructor of the Year Award — she is only the second Canadian to ever receive the prestigious honour.

The ISCD provides internationally-recognized certification courses and certifying examinations in bone densitometry. In Canada, all physicians must be certified by the ISCD before they can interpret bone density tests. The ISCD award recognizes excellence in teaching and this award is presented to the faculty member receiving the highest rating on teaching its certification courses internationally.

“Congratulations are in order on this well deserved award,” Dr. David McConachie, Halton Healthcare Services (HHS) chief of the department of medicine, said in press release. “Dr. Khan is a dedicated geriatrician, a passionate educator, and an inspiring mentor. This award acknowledges the extensive work and teaching she has done in the field of metabolic bone disease.”

A specialist in osteoporosis at Halton Healthcare Services (HHS), Khan is also a clinical professor of medicine at McMaster University and director of the calcium disorders clinic at St. Joseph's Healthcare in Hamilton. [Sign Up](#)

Khan is an honours graduate from the University of Ottawa Medical School and received post-graduate training in internal and geriatric medicine and endocrinology (the study of glands that release hormones) — she also completed a fellowship in metabolic bone diseases at the University of Toronto.

As past chair of the ISCD Certification Council, Khan led the development of the certification exams, which are now taken by specialists globally in order to become certified to interpret bone density tests.

Khan is also a member of the HHS Department of Medicine and has served as both director of Geriatric Services at Oakville-Trafalgar Memorial Hospital (OTMH) and chair of the OTMH Rehab and Geriatric Committee.

In 1992, she developed the OTMH Geriatric Hip Fracture Program — a cross-province program, which focuses on treating osteoporosis, the underlying cause of fractures.

Currently, Khan sees all hip-fracture patients admitted to OTMH and works closely with the HHS Bone Density Screening Program, which provides assessments for children and adults in the Halton-Peel region and beyond.